

**COMMUNION FROM THE CUP**  
**Training for Lay Ministers**

1. Take part in the procession as usual-after bowing to the altar you go and sit in your pew.
2. Immediately after the Sign of Peace with one another all Eucharistic Ministers proceed to the altar and purify your hands with Purell. **Remain standing** in front to the credence table until Father or Deacon Bill takes the Body of Christ from the tabernacle and places it on the altar. Then proceed to line up in front of the tabernacle. Stand as close as possible to the Music Ministry. It makes the flow much easier for Father & or Deacon Bill giving the Body & Blood of Christ to you. You will be handed the Cup with a purificator. (cloth) The Cup is held in one hand and the purificator in the other. If you are on the side of the altar servers, stand beside Father and offer Communion from the Cup to the altar servers. Once Father proceeds to give the Body of Christ follow and stand on the floor at the edge of the altar. We want enough space between the Body & Blood of Christ stations. If needed, use the railings if you feel unsure of stepping off the altar.
3. It is always important to [take your time giving Communion from the Cup](#). Remember that it is a time of encounter with Jesus. You hand the chalice to the communicant, make eye contact, and say "The Blood of Christ". **No other words are used.** The individual can personally hold the chalice and drink from it. If you feel the person is unsteady or a child you may assist by holding the base of the chalice. **It is vital that you take the time with your purificator to wipe both the inside and outside of the cup where the communicants lips have touched; at this point rotate the cup slightly for the next person.**
4. If the Blood of Christ is finished prior to Father finishing with the Body of Christ, just return the purificator and chalice to the Altar.
5. If there is remaining Blood of Christ at the end of Communion, take time to consume before returning Cup to the Altar. If there is too much remaining for you to consume, just consume what you are able and return Cup and purificator to the Altar.
6. If the Blood of Christ spills from the Cup you cover the spill on the floor with a purificator and Father will look after the area following Mass. (The area is soaked with water and the water from the purificator is returned to the earth) If after a spill you have remaining Blood of Christ, just go and get another purificator from the credence table and continue giving Communion from the Cup.
7. Join in the recessional procession as usual.