

Seventh Sunday in Ordinary Time

Saturday, February 22nd at 5:15 pm
Joyce O'Connor+ (Frank & Family)

Sunday, February 23rd at 9:00 am
For the People

Monday, February 24th at 9:30 am
Monica Garrah+ The Family

Tuesday, February 25th at 9:30 am
Doris Petersen+ The Prayer Group

Ash Wednesday, February 26th
1) 9:30 am (School Mass)
2) Mass at 7 pm
Day of Fasting and Abstinence

Thursday, February 27th at 9:30 am
Intentions of the Catholic Women's League
Divine Mercy at 3 pm in the Church

Friday, February 28th at 7:30 pm (Bath)
Olivette Menard+ Lucien Brunet
Stations of the Cross at 7 pm

First Sunday of Lent
Saturday, February 29th at 5:15 pm
Tanya Greenwood + The Family

Sunday, March 1st at 9:00 am
For the People

**Liturgical Ministries -
February 29th & March 1st**

Saturday, February 29th at 5:15 pm
Lector: F. O'Connor;
Eucharist: Deacon, D. Dobson & J. Lyman.
Offertory Procession: J. & B. Lyman.

Sunday, March 1st at 9:00 am
Lector: L. Hodgson;
Eucharist: Deacon, A. Hanley & L. Callaghan
Offertory Procession: Children;
Helen Henderson: Peter & S. McParland;
Briargate: Paul. Children's Liturgy: Krista.



Ash Wednesday – This Week!

Emphasizing Ash Wednesday's penitential nature, we are called to FAST and ABSTAIN FROM MEAT. **Fasting** calls Catholics over 18 and under 59 to eat only one complete meal and two smaller ones during the day, with no food in between. **Abstinence from Meat** calls Catholics over 14 to refrain from eating meat. This fasting and abstinence is not simply a physical form of penance; it also calls us to take stock of our spiritual lives. As Lent begins, we can set specific spiritual goals we would like to reach before Easter and decide how to pursue them – for instance, deepening our prayer life (personal prayer, Mass and Sacraments), taking from the Earth only what we really need (moderation, personal discipline), putting others first (listening, thoughtfulness, welcoming, giving assistance).

Special Note: **Ash Wednesday Collection.** Your donations are our response to a request from the St. Vincent de Paul Society of Kingston. Please be generous to our local brothers and sisters in need. Envelopes will be provided.

helping carry each other's cross

Starting on Ash Wednesday, pick a purple cross up and wear it on your lapel! Each Lenten Sunday, please exchange your cross (from the basket) for a cross worn the previous week by someone else, without knowing who wore it or the personal cross that person is bearing. Simply pray for that person's situation. On Palm Sunday, all crosses will be returned to the basket at church. No crosses will be worn during Holy Week. Instead, we will be with Christ in His agony and passion, particularly in the cross He carried for us. Saint Luke reminds us of Jesus' words – "Take up my cross daily and follow me".

Lenten News

This Wednesday is: Ash Wednesday. There will be distribution of Ashes at the 9:30 am morning School Mass and the 7 pm evening Parish Mass.

-Ash Wednesday collection will be donated to the Saint Vincent de Paul Society
-Stations of the Cross on Friday nights in Lent
-Special Saint Joseph's day Celebration March 19th

Project Homeland: Starts February 29th. **CarePaks** for soldiers serving abroad. Our CWL is collecting hard candy, gum, playing cards, toothbrushes, toothpaste, straight razors & razor blades, shaving cream, shampoo, hand soap, computer magazines, science magazines, pocket books, Sudoku books and Crossword Puzzle books. Place these in the container at the entrance to the church marked 'Project Homeland'. No chocolate or anything that melts. Cash or cheques appreciated (in a white envelope marked: **Project Homeland** and placed in the collection basket). **Please donate by March 15th.**

Guest Preacher at Saint Mary's Cathedral: Father Jacques Philippe will preach at all the Sunday Masses (5:00 pm on February 29th, 8:00 am, 10:30 am & 7:00 pm on March 1st) and will lead a Parish Mission on **The Eight Beatitudes** at 7:00 pm on Monday, March 1st, Tuesday, March 2nd and Wednesday, March 3rd. For information, please contact stmaryscathedral.ca



World Day of Prayer: An ecumenical service, written by women of Zimbabwe, will be held in churches all over the world, giving us a chance to learn about Zimbabwe and to ponder our Christian mission to pursue justice, peace and reconciliation in the world.

1) **Friday, March 6th at 1:30 pm** at Saint Andrew's By-The-Lake United Church, 1 Redden Street (Front & Days), Kingston (for Blessed Sacrament's region); **OR**
2) **Friday, March 6th at 1:00 pm** at Saint Linus Church, Main Street, Bath (for Saint Linus' region).

Day of Prayer for Canada

Day of Prayer for Canada Thursday, March 19th; 9:00 am; 5:00 pm St. Joseph's Parish, Kingston. Parishes of the central deanery will offer a Day of Prayer for Canada. The regularly scheduled Masses are at 9:00 am. and 5:00 pm. Each hour, on the hour, between these Masses, parishes of the deanery have volunteered to pray the rosary of St. Joseph, sing the new hymn 'St. Joseph our Patron, and the Litany of St. Joseph, for his intercession for Canada. Copies of the prayers and hymn will be provided. All are welcome and urged to participate. Those who are unable to attend are asked, also, to pray that in our beloved country, "He shall have dominion, from sea to sea".

Looking Ahead - Events & Meetings

BINGO

March 2 at 1 pm Mary Lou & Darlene
March 9 at 10 pm Lyle & Roger
March 16 at 1 pm Mary Lou & Susan
Volunteers: In an emergency and unable to attend your designated time? Please call: Donna at 613-546-9779 or 613-389-2009.

BINGO is at Community Spirit Gaming Centre,
900 Montreal Street, Kingston.
Please support our parish.

Prayer Group - Monday evenings at 6:30 pm
(Helen Henderson)
Knights of Columbus - March 3rd at 7:00 pm
CWL - Tuesday, March 10th @ 7 pm
Euchre & Bridge - Tues., March 17th at 7 pm

Parish Council & Finance Meeting
March 4th @ 7 pm

Catholic Women's League -
2nd Tuesday of the Month at 7 pm

Knights of Columbus General Meeting -
1st Tuesday of the Month at 7 pm

Knights of Columbus Executive Meeting -
Last Tuesday of the Month at 7 pm.

Intercessory Prayers

/Fr. Brian Price//Tammy Plourde, Laurie Gartland
/Fr. Mac Burke / / / /

We also pray for our family members and friends who are chronically ill and for all whose sickness, impairment or personal situations keep them from joining us at Eucharist or from living a full and happy life. We also pray for our troops and all who are away from home. Pray for recently deceased & all the departed!

Parish Prayer Network - See the back cover for info! Please phone in or email any new prayer intentions by **Monday at 9 am** to ensure they are on the prayer network for that week.

~ IMPORTANT DATES ~

+PANCAKE BREAKFAST – February 23rd
+ASH WEDNESDAY – February 26th
Parish Council & Finance Meeting – March 4th
+Birthright Baby Shower -April 14
+Garage/Bake Sale -April 25th